

Sandwiches and Salads



Please call one of our event planners at **604.734.2507** to place your order.

LUNCH PACKAGES

EXECUTIVE LUNCH PACKAGE

Mixed Greens

with Cucumber, Tomatoes & our Balsamic Vinaigrette

Assorted Deli Sandwiches and Wraps

Fresh Fruit Platter

Assorted Cupcakes

14.50 per guest

SANDWICHES, SOUP AND SALAD PACKAGE

Choice of Soup

Tomato Basil, Carrot Ginger or Spicy Lentil

Mixed Greens

with Cucumber, Tomatoes & our Balsamic Vinaigrette

Assorted Deli and Gourmet Sandwiches and Wraps

15.50 guest

Extras:

- Add a bottle of water and soft drink 1.50

CORPORATE EXPRESS LUNCH PACKAGE

Mixed Greens

with Cucumber, Tomatoes and our Balsamic Vinaigrette

Assorted Deli Sandwiches

VEGETARIAN & GLUTEN FREE available by request

Whole Fresh Seasonal Fruit

Lazy Gourmet Signature Squares and Dessert Bars (Assorted)

13.00 per guest

Extras:

- Make half the sandwiches gourmet for 0.50 per guest
- Add Water and Soft Drink 1.50
- Add Juice 2.00

SANDWICHES À LA CARTE

In addition to our current sandwich and wrap menu, there is a rotating "Fresh Sheet", please ask your event planner for the selection.

GOURMET SANDWICHES | 9.00 each

The New Portobello Sandwich

with Oven Roasted Portobello Mushroom with a Toasted Pistachio Goat Cheese and Crisp Baby Spinach, served on House-Made Herbed Focaccia
- VEGETARIAN

The Canadian Italian Sandwich

with Slow Roast Ham, Pastrami, Salami and Provolone Cheese with Fresh Roma Tomato and Leaf Lettuce, served with Sundried Tomato Caper Aioli and Mustard on a Crusty Baguette

Rosemary Chicken Sandwich

with an Antipasto Spread on Baguette

Prosciutto, Bocconcini and Tomato Sandwich

with a Sun Dried Tomato and Caper Aioli on Ciabatta

DELI SANDWICHES | 8.00 each

Classic Roast Beef Sandwich

with Grilled Onions, Lettuce, Tomato, Mayonnaise, Smooth Dijon and Jalapeno Havarti

Chicken Waldorf Sandwich

with Shredded Chicken, Apples, Walnuts and Honey Mustard Mayo

Free Range Egg Salad Sandwich

with Lettuce and Cucumber
- VEGETARIAN

Grandfather Ham and Swiss Cheese Sandwich

with Lettuce, Tomato, Grainy Mustard and Mayo

Smoked Turkey Sandwich

with Caramelized Onions, Lettuce, Tomato and an Apricot Date Chutney

Tuna Dill Cucumber Salad Sandwich with Lettuce

Asian Vegetable Sandwich Sweet Ginger Carrot

with Cucumber, Avocado, Daikon Sprouts and Japanese Mayo
- VEGETARIAN



WRAPS | 9.00 each

Chicken Caesar Wrap

with Crispy Chicken, Bacon, Lettuce and Creamy Caesar Dressing

Spicy Beef and Grilled Pineapple Wrap

with With Chipotle Mayo, Peppers, Greens and finished with a Lime Dressing

Smoked Eggplant Wrap

with Chickpeas, Roasted Vegetables and Spinach

SALAD LUNCHES

ENTRÉE SALADS

Minimum 6 per type, All salads can be made GLUTEN FREE

Portobello Mushrooms, Spinach and Swiss Cheese

with Roasted Garlic Vinaigrette and Multigrain

- VEGETARIAN

13.00

Caesar Salad with House-Made Croutons

with Grilled Chicken and Foccacia

13.00

Lazy Gourmet Niçoise Salad

with Seared Tuna, Green Beans, Hard Boiled Eggs, Potato, Olives served with Foccacia

15.00

GREEN SIDE SALADS

Sold by the cup with a minimum of 6 cups per type

Mixed Greens

with Cucumber, Tomatoes and our Balsamic Vinaigrette

- VEGETARIAN, GLUTEN FREE

3.00

Classic Caesar Salad

with House Made Croutons

- VEGETARIAN, GLUTEN FREE

3.00

Baby Spinach Salad

with Yellow and Red Beets, Pink Grapefruit, Salt Spring Island Goat Cheese with Caramelized Orange Dressing

- VEGETARIAN, GLUTEN FREE

3.50

Butter Lettuce Salad

with Candied Pecans, Sliced Pears, Soft Blue Cheese with Balsamic Dressing

- VEGETARIAN, GLUTEN FREE

4.25

SPECIALTY SIDE SALADS

Sold by the cup with a minimum of 6 cups per type

Chicken and Mango Salad with Red Onion and Cilantro

- GLUTEN FREE

5.50

Traditional Greek Salad

- VEGETARIAN, GLUTEN FREE

6.00

Kale, Brussels Sprout, Cauliflower, and Butternut Squash with Lemon Parmesan Vinaigrette

- VEGETARIAN, GLUTEN FREE

6.00

Cherry Tomato and Bocconcini

- VEGETARIAN, GLUTEN FREE

9.00

HEARTY SIDE SALADS

Sold by the cup with a minimum of 6 cups per type

French Potato Salad

with Dijon Vinaigrette

- VEGETARIAN, GLUTEN FREE

4.00

Orzo Salad with Asparagus, Bell Peppers and Basil Vinaigrette

- VEGETARIAN

5.00

Rotini Pasta Salad with Spanish Olives, Artichoke Hearts and Sundried Tomatoes

- VEGETARIAN

5.00

